

JUNE



s Best						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Mid-Shore) Services: Individual BF appointments are available on request for either prenatal education or follow-up after delivery. Peer Counselors and Lactation Consultant can be texted by clients between 8am & 10pm with breastfeeding questions. If phone goes to voice mail, please leave a message with the best time for a return call.		To Contact a Breastfeeding Peer Counselor near you: Katie: (410) 829-8656 Tina: (410) 829-8655 [Spanish] Carol: (410) 829-8654 {Lactation consultant & Peer Counselor Coordinator} Mid-Shore WIC Program: (410) 479-8060 or 1-866-551-2139 (Maryland toll free)			1	2
3	4	5	6	7 Breastfeeding Support Group/Dorchester County, 11:00 am	8	9
10	11	12	13	14	15	16
17	18	19	20	21 Breastfeeding Support Group/Dorchester County, 11:00 am	22	23
24	25	26	27	28	29	30



JULY



s Best						7
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Breastfeeding Support Group/Dorchester County, 11:00 am	6	7
8	9	10	11	12	13	14
15	16	17	18	19 Breastfeeding Support Group/Dorchester County, 11:00 am	20	21
22	23	24	25	26	27	28
29	30	31	(Mid-Shore) Services: Individual BF appointments are available on request for either prenatal education or follow-up after delivery. Peer Counselors and Lactation Consultant can be texted by clients between 8am & 10pm with breastfeeding questions. If phone goes to voice mail, please leave a message with the best time for a return call.		To Contact a Breastfeeding Peer Counselor near you: Katie: (410) 829-8656 Tina: (410) 829-8655 [Spanish] Carol: (410) 829-8654 {Lactation consultant & Peer Counselor Coordinator} Mid-Shore WIC Program: (410) 479-8060 or 1-866-551-2139 (Maryland toll free)	



AUGUST



Or's Best or						7
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Mid-Shore) Services: Individual BF appointments are available on request for either prenatal education or follow-up after delivery. Peer Counselors and Lactation Consultant can be texted by clients between 8am & 10pm with breastfeeding questions. If phone goes to voice mail, please leave a message with the best time for a return call.		To Contact a Breastfeeding Peer Counselor near you: Katie: (410) 829-8656 Tina: (410) 829-8655 [Spanish] Carol: (410) 829-8654 {Lactation consultant & Peer Counselor Coordinator} Mid-Shore WIC Program: (410) 479-8060 or 1-866-551-2139 (Maryland toll free)	1	2 Breastfeeding Support Group/Dorchester County, 11:00 am	3	World Breastfeeding Week Baby Shower 10:00 a.m. – 12:00 p.m. Talbot County WIC office All Midshore families welcome
5	6	7	8	9	10	11
12	13	14	15	16 Breastfeeding Support Group/Dorchester County, 11:00 am	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	